

GENERAL RELATIVITY-EXAM SHEET

Newton's axioms: 1. free particles move along straight lines at constant velocity 2. $\vec{F} = m\vec{\ddot{x}}$ 3. actio = -reactio

Galilei-transformations: universal time $t = t' \forall$ observers; 2 frames S, S' in relative motion \parallel x-axis: $x'_1 = x_1 - vt, x'_2 = x_2, x'_3 = x_3$
 $u'_i = \frac{dx'_i}{dt} = u_i - v$; $a'_i = \frac{du'_i}{dt} = a_i \implies$ accelerations identical in all frames, particles free in S are free in S'

Lorentz transformations: $t \neq t'$, based on two assumptions: 1. spacetime homogeneous 2. $c = c' \forall$ observers

classification of events valid in all frames $ds^2 > 0$ timelike, $ds^2 = 0$ lightlike, $ds^2 < 0$ spacelike

proper time τ displayed by comoving clock; $ds^2 = c^2 d\tau^2, d\tau = \frac{1}{\gamma} dt$; L

(weak) equivalence principle: $m_i = m_g$, i.e. inertial and gravitational mass of any object are equal

length of a curve C parametrized by λ : $I = \int_C ds = \int_C \sqrt{|g_{\mu\nu} dx^\mu dx^\nu|} = \int_a^b \sqrt{|g_{\mu\nu} \frac{dx^\mu}{d\lambda} \frac{dx^\nu}{d\lambda}|} d\lambda$, area: $dA = \sqrt{|g_{\mu\nu}|} dx^\mu dx^\nu = \sqrt{|g_{11} g_{22}|} dx^1 dx^2$

Riemannian manifolds are locally Cartesian, i.e. can locally be matched to Minkowski space

Christoffel symbols (affine connection): $\Gamma^{\rho}_{\mu\nu} = \frac{1}{2} g^{\rho\sigma} (\partial_\mu g_{\sigma\nu} + \partial_\nu g_{\sigma\mu} - \partial_\sigma g_{\mu\nu})$ can be obtained by diff. $g_{\mu\nu} = \vec{e}_\mu \cdot \vec{e}_\nu$ w.r.t. x^ρ
 and cyclically perm. indices; $\Gamma^{\rho}_{\mu\nu} = \vec{e}^\rho \cdot \frac{\partial}{\partial x^\mu} \vec{e}_\nu$; equivalence: locally Cartesian \iff vanishing connection; torsion $T^{\alpha}_{\mu\nu} := \Gamma^{\alpha}_{\mu\nu} - \Gamma^{\alpha}_{\nu\mu}$

cov. derivative of contravector $\nabla_\mu V^\nu = \partial_\mu V^\nu + \Gamma^{\nu}_{\rho\mu} V^\rho$, of covector $\nabla_\mu V_\nu = \partial_\mu V_\nu - \Gamma^{\rho}_{\mu\nu} V_\rho, \nabla_\mu V^\nu = \partial_\mu V^\nu$ if locally Cartesian

geodesic (on torsion-free manifold): shortest connection of two points, more generally curve with constant tangent

geodesic equation (eq. of parallel transport): $\frac{d^2 x^\mu}{d\lambda^2} + \Gamma^{\mu}_{\rho\sigma} \frac{dx^\rho}{d\lambda} \frac{dx^\sigma}{d\lambda} = 0 = \frac{d^2 x^\mu}{d\lambda^2} + \Gamma^{\mu}_{\rho\sigma} u^\rho u^\sigma$, path-dependent due to varying $\Gamma^{\mu}_{\rho\sigma}$

Riemann-tensor $R^{\rho}_{\sigma\mu\nu} = \partial_\mu \Gamma^{\rho}_{\nu\sigma} - \partial_\nu \Gamma^{\rho}_{\mu\sigma} + \Gamma^{\rho}_{\lambda\mu} \Gamma^{\lambda}_{\nu\sigma} - \Gamma^{\rho}_{\lambda\nu} \Gamma^{\lambda}_{\mu\sigma}$; symmetries: $R_{\rho\sigma\mu\nu} = -R_{\sigma\rho\mu\nu} = R_{\rho\sigma\nu\mu}$

$R_{\rho\sigma\mu\nu} = R_{\mu\nu\rho\sigma}$, $R_{\rho\sigma\mu\nu} + R_{\rho\sigma\nu\mu} + R_{\rho\sigma\mu\nu} = 0$, $d = \frac{n^2}{2}(n^2 - 1)$ indep. comp.; metric's comp. constant $\iff R^{\rho}_{\sigma\mu\nu} = 0 \iff$ space flat

Ricci-tensor $R_{\mu\nu} = R^{\lambda}_{\mu\lambda\nu} = R_{\nu\mu}$, Ricci-scalar $R = R^{\mu}_{\mu} = g^{\mu\nu} R_{\mu\nu}$

Bianchi-identity $\nabla_\lambda R_{\rho\sigma\mu\nu} + \nabla_\rho R_{\sigma\lambda\mu\nu} + \nabla_\sigma R_{\lambda\rho\mu\nu} = 0$; Riemann-tensor on 2-sphere $R^i_{jkm} = \frac{1}{r^2} (\delta^i_k g_{jm} - \delta^i_m g_{jk})$

energy-mom. tensor of perfect fluid (\iff isotropic in its rest frame) $T^{\mu\nu} = (\rho + \frac{p}{c^2}) u^\mu u^\nu - p \eta^{\mu\nu} = \text{diag}(\rho/c^2, p, p, p)$

Einstein field eqs. $G_{\mu\nu} = R_{\mu\nu} - \frac{R}{2} g_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$

FLRW: $ds^2 = c^2 dt^2 - a^2(t) [\frac{dr^2}{1-kr^2} + r^2 d\theta^2 + r^2 \sin^2\theta d\phi^2]$, inv. under $k \rightarrow k/|k|, r \rightarrow \sqrt{|k|} r, a \rightarrow a/\sqrt{|k|}$; metric singular at $r = \pm 1$

$k = -1 \iff$ negative curvature \iff open universe $\iff \rho < \rho_{crit} \iff \Omega < 1$ for $k = \pm 1 \rightarrow$ new radial coordinate $r = \sin(\chi), \frac{dr}{d\chi} = \sqrt{1-r^2}$

$k = 0 \iff$ no curvature \iff flat universe $\iff \rho = \rho_{crit} \iff \Omega = 1$ $\rho_{crit} = \frac{3H^2}{8\pi G}$

$k = 1 \iff$ positive curvature \iff closed universe $\iff \rho > \rho_{crit} \iff \Omega > 1$ $\Gamma^1_{11} = \frac{kr}{1-kr^2}$

$\Gamma^0_{11} = \frac{a\dot{a}}{c(1-kr^2)}, \Gamma^0_{22} = \frac{a\dot{a}r^2}{c}, \Gamma^0_{33} = \frac{a\dot{a}r^2 \sin^2\theta}{c}, \Gamma^1_{01} = \Gamma^1_{10} = \Gamma^2_{02} = \Gamma^2_{20} = \Gamma^3_{03} = \Gamma^3_{30} = \frac{\dot{a}}{c}, \Gamma^1_{22} = -r(1-kr^2), \Gamma^1_{33} = \Gamma^1_{22} \sin^2\theta, \Gamma^2_{33} = -\sin\theta \cos\theta$

$\Gamma^2_{12} = \Gamma^2_{21} = \Gamma^3_{13} = \Gamma^3_{31} = \frac{1}{r}, \Gamma^3_{32} = \cot\theta; R_{00} = 3\frac{\ddot{a}}{c^2 a}, R_{11} = -\frac{1}{c^2} \frac{a\ddot{a} + 2\dot{a}^2 + 2\dot{a}k}{1-kr^2}, R_{22} = -\frac{r^2}{c^2} \frac{a\ddot{a} + 2\dot{a}^2 + 2\dot{a}k}{1-kr^2}, R_{33} = R_{22} \sin^2\theta, R = \frac{6}{c^2 a^2} (a\ddot{a} + \dot{a}^2 + \dot{a}k)$

Friedmann eqs.: $H^2 = \frac{\dot{a}^2}{a^2} = \frac{8}{3} \pi G \rho + \frac{c^2}{3} \Lambda - \frac{c^2}{a^2} k, \frac{\ddot{a}}{a} = -\frac{4\pi G}{3} (\rho + \frac{3}{c^2} p) + \frac{c^2}{3} \Lambda$; eq. of state $w = p/\rho c^2$

Schwarzschild: $ds^2 = -(1 - \frac{2GM}{r}) dt^2 + \frac{dr^2}{1 - \frac{2GM}{r}} + r^2 d\Omega^2$, contains two symmetry assumptions: sphericity & static

asymptotically flat for $r \rightarrow \infty$ or $M \rightarrow 0$; g_{tt} and g_{rr} switch sign at $r = r_s = \frac{2GM}{c^2} \implies$ light cones flip and are undefined at r_s

$\Gamma^1_{00} = \frac{GM}{r^3} (r - 2GM), \Gamma^1_{11} = \frac{-GM}{r(r-2GM)} = -\Gamma^0_{01}, \Gamma^2_{12} = \Gamma^2_{21} = \Gamma^3_{13} = \Gamma^3_{31} = \frac{1}{r}, \Gamma^1_{22} = -r(1 - \frac{2GM}{r}), \Gamma^1_{33} = \Gamma^1_{22} \sin^2\theta, \Gamma^2_{33} = -\sin\theta \cos\theta, \Gamma^3_{23} = \cot\theta$

$R^{\mu\nu\rho\sigma} R_{\mu\nu\rho\sigma} = \frac{3\dot{a}^2}{c^4} = R \rightarrow$ curvature finite except at $r=0$; in Kruskal coord. $(u, v, \theta, \phi): ds^2 = \frac{4r_s^2}{r} e^{-\frac{r}{r_s}} (dv^2 - du^2) + r^2 d\Omega^2$

linearized gravity: $\square \bar{h}^{\mu\nu} = -\frac{16\pi G}{c^4} T^{\mu\nu}$, gauge: $\partial_\nu \bar{h}^{\mu\nu} = 0, \bar{h}^{\mu\nu} = h^{\mu\nu} - \frac{1}{2} \eta^{\mu\nu} h$; in vacuum; $\square \bar{h}^{\mu\nu} = 0$ solved by plane wave

$\bar{h}^{\mu\nu} = A^{\mu\nu} e^{\pm i k_\alpha x^\alpha}$ with $k^2 = 0$; traceless transverse gauge fixes all gauge freedom, leaves 2 physical d.o.f.; $\bar{h}_{\mu\nu} = \bar{h}_{\nu\mu}, A_{\tau\tau} = \begin{pmatrix} 0 & a & b & 0 \\ a & b & 0 & 0 \end{pmatrix}$
 harmonic gauge condition $\partial_\mu \bar{h}^{\mu\nu} = 0$

Lie derivative of v w.r.t. vector field a : $L_a v^\mu = -a^\nu \partial_\nu v^\mu + v^\nu \partial_\nu a^\mu, L_a v_\mu = a^\nu \partial_\nu v_\mu + v_\nu \partial_\nu a^\mu$

$L_a g_{\mu\nu} = \nabla_\mu a_\nu + \nabla_\nu a_\mu$ for metric compatible connection, if $L_a g_{\mu\nu} = 0$, then a is Killing vector field

Killing vector fields are vector fields on a Riemannian manifold that preserve the metric. They are the infinitesimal generators of isometries which in turn generate symmetries.

Useful formulae from exercises

- harmonic oscillator $m\ddot{x} = -kx$ with angular frequency $\omega = \sqrt{\frac{k}{m}} = \frac{2\pi}{T}$ and period T , $x(t) = A \cos(\omega t + \phi)$, potential energy $U = \frac{1}{2} kx^2(t)$
- gravit. force $F_g = -\frac{Gm_1 m_2}{r^2}$, centrifugal force $F_c = \frac{mv^2}{r}$; in stable orbit $-F_g = F_c \Rightarrow$ orbital velocity $v = \sqrt{\frac{GM}{r}}$
- ~~Lagrangian~~ ^{e.o.m.} invariant under $L(q, \dot{q}, t) \rightarrow \alpha L(q, \dot{q}, t) + \frac{d}{dt} f(q, t)$, this yields symmetries and conservation laws, $\frac{\partial L}{\partial q_i} = 0 \Rightarrow \frac{d}{dt} \frac{\partial L}{\partial \dot{q}_i} - \frac{d}{dt} p_i = 0$
- escape velocity follows from $T + V = \frac{m}{2} v_{esc}^2 - \frac{GMm}{r} = 0 \Rightarrow v_{esc} = \sqrt{\frac{2GM}{r}}$, for $v_{esc} = c$, we get $R_s = \frac{2GM}{c^2}$
- $\eta_{\mu\nu} = \Lambda^\rho{}_\mu \Lambda^\sigma{}_\nu$, $\eta_{\rho\sigma}$ follows from requiring $|x'|^2 = |x|^2$
- relativistic velocity addition: $w = \frac{u+v}{1+\frac{uv}{c^2}}$; proper velocity $v = \frac{\delta}{\tau} = \frac{\frac{1}{c} \frac{d}{dt}}{\frac{1}{c} \frac{d}{d\tau}} = \sqrt{1 - \frac{v^2}{c^2}} \frac{d}{d\tau}$, where e.g. $\frac{d}{d\tau} = c$ for $d = x$ by and $\tau = x$ years
- relativistic Doppler effect: observer moving away with v measures frequency $f' = \sqrt{\frac{1-\beta}{1+\beta}} f$
- two events separated by timelike (spacelike) intervals, i.e. $\Delta s^2 \geq 0$, may have (may not have) cause-effect relationship, \exists frame s.t. events at same location (time)
- weak field limit: holds for slowly moving particles ($v \ll c$) and weak gravitational fields $g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$ with $|h_{\mu\nu}| \ll 1$ (that are static, i.e. $\partial_t g_{\mu\nu} = 0$)
- Christoffel symbols in spherical coord.: $\Gamma^1_{22} = -r$, $\Gamma^1_{33} = -r \sin^2 \theta$, $\Gamma^2_{12} = \Gamma^2_{21} = \frac{1}{r}$, $\Gamma^2_{33} = -\sin \theta \cos \theta$, $\Gamma^3_{13} = \Gamma^3_{31} = \frac{1}{r}$, $\Gamma^3_{23} = \Gamma^3_{32} = \cot \theta$, all others zero
- effective potential for orbiting objects $V_{eff}(r) = -\frac{GM}{r} + \frac{L^2}{2r^2} - \frac{GM L^2}{c^2 r^3}$, where last term is a pure GR contribution
- particles experiencing grav. waves don't change their position because of them
- Pauli matrices $\sigma_1 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$, $\sigma_2 = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$, $\sigma_3 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$
- coordinate transformations: Cartesian \leftrightarrow spherical $\begin{pmatrix} x \\ y \\ z \end{pmatrix} = \begin{pmatrix} r \cos \phi \sin \theta \\ r \sin \phi \sin \theta \\ r \cos \theta \end{pmatrix}$, $\begin{pmatrix} r \\ \theta \\ \phi \end{pmatrix} = \begin{pmatrix} \sqrt{x^2 + y^2 + z^2} \\ \arccos(z/\sqrt{x^2 + y^2 + z^2}) \\ \arctan(y/x) \end{pmatrix}$; Cartesian \leftrightarrow cylindrical $\begin{pmatrix} x \\ y \\ z \end{pmatrix} = \begin{pmatrix} \rho \cos \phi \\ \rho \sin \phi \\ z \end{pmatrix}$, $\begin{pmatrix} \rho \\ \phi \\ z \end{pmatrix} = \begin{pmatrix} \sqrt{x^2 + y^2} \\ \arcsin(y/\rho) \\ z \end{pmatrix}$
- Cartesian \leftrightarrow ellipsoidal $\begin{pmatrix} x \\ y \\ z \end{pmatrix} = \begin{pmatrix} (r^2 + a^2)^{\frac{1}{2}} \sin \theta \cos \phi \\ (r^2 + a^2)^{\frac{1}{2}} \sin \theta \sin \phi \\ r \cos \theta \end{pmatrix}$, Cartesian \leftrightarrow ellipsoid $\begin{pmatrix} x \\ y \\ z \end{pmatrix} = \begin{pmatrix} a \cosh \mu \cos \nu \\ a \sinh \mu \sin \nu \\ z \end{pmatrix}$; Cartesian \leftrightarrow hyperbolic $\begin{pmatrix} x \\ y \\ z \end{pmatrix} = \begin{pmatrix} v e^u \\ v e^{-u} \\ z \end{pmatrix}$, $\begin{pmatrix} u \\ v \\ z \end{pmatrix} = \begin{pmatrix} \ln(x/y) \\ \sqrt{xy} \\ z \end{pmatrix}$
- Tensor \mathbb{I} of rank (k, l) is a multilinear map that takes k dual vectors and l vectors and projects them onto a number in \mathbb{R} .
- Expansion: $\mathbb{I} = T^{\mu_1 \dots \mu_k} \partial_{\mu_1} \otimes \dots \otimes \partial_{\mu_k} \otimes dx^{\nu_1} \otimes \dots \otimes dx^{\nu_l}$. Transformation: $T^{\mu_1 \dots \mu_k} \partial_{\mu_1} \dots \partial_{\mu_k} = \frac{\partial x^{\mu_1}}{\partial x^{\mu'_1}} \dots \frac{\partial x^{\mu_k}}{\partial x^{\mu'_k}} \frac{\partial x^{\nu_1}}{\partial x^{\nu'_1}} \dots \frac{\partial x^{\nu_l}}{\partial x^{\nu'_l}} T^{\mu_1 \dots \mu_k} \partial_{\mu_1} \dots \partial_{\mu_k}$
- Christoffel symbol transformation $\Gamma^{\alpha'}_{\mu' \nu'} = \frac{\partial x^{\mu'}}{\partial x^{\mu}} \frac{\partial x^{\nu}}{\partial x^{\nu'}} \frac{\partial x^{\alpha}}{\partial x^{\alpha'}} \Gamma^{\alpha}_{\mu\nu} - \frac{\partial x^{\mu}}{\partial x^{\mu'}} \frac{\partial x^{\nu}}{\partial x^{\nu'}} \frac{\partial^2 x^{\alpha}}{\partial x^{\mu} \partial x^{\nu}} \frac{\partial x^{\mu'}}{\partial x^{\alpha'}}$